



Official Notification for Admission – Pratham Pag Foundation Course (Course-04)
Academic Session: 2026–27

Registration Open for Pratham Pag Foundation Course (Course-04) 2026-27

Sandeep Sir's Doon Defence Academy invites applications for **admission to Pratham Pag Course-04 (Foundation Course)** for the academic session **2026–27**.

This prestigious residential programme is a unique blend of **regular schooling (CBSE)** and **professional coaching** under one roof, aimed at preparing students for a successful future in **Defence Forces (NDA, Merchant Navy)** and **competitive academic streams (JEE, NEET, CPL)**.

Registration Details

- **Start Date of Registration:** 15th August 2025
- **Last Date of Registration:** 15th September 2025
- **Mode of Registration:** Online and Offline
- **Registration Fee:** Rs. 3000/-

Candidates must register within the prescribed window to be eligible for the entrance test and admission process.

Course at Pratham Pag

Pratham Pag Course Streams & Eligibility Criteria (Session 2026–27)

Course Name	Target Exams	Eligible Class	Minimum Academic Eligibility
NDA Foundation + Schooling	NDA (National Defence Academy)	Class IX & XI	Minimum 60%
Dual (NDA+JEE) Foundation + Schooling	NDA /JEE / TES	Class IX & XI	Minimum 60%
Merchant Navy Foundation + Schooling	IMU-CET, Sponsorship Exams	Class IX & XI	Minimum 60%



Course Name	Target Exams	Eligible Class	Minimum Academic Eligibility
JEE (Engineering) Foundation + Schooling	JEE Main & Advanced	Class IX & XI	Minimum 70%
NEET (Medical) Foundation + Schooling*	NEET	Class XI	Minimum 70%
Aviation (CPL) Foundation + Schooling	CPL Entrance, DGCA Requirements	Class XI	Minimum 55%
Foundation (RIMC/RMS/Sainik School) + Schooling	Early NDA, Sainik School, RMS	Class VI to VIII	Minimum 60%

Eligibility Criteria

- Students currently in **Class V to Class X** (for promotion into Class VI to XI in 2026–27)
- Age as per eligibility norms for NDA/NEET/JEE/Merchant Navy etc.
- Physically fit as per standard medical norms for defence aspirants

Selection Procedure

- **Pratham Pag Entrance Exam (PPET) – 2026**
An online test conducted through our application 'Trishakti' to evaluate academic aptitude and mental ability.
(Please refer to Annexure for the detailed syllabus.)
- **Personal Interaction/Interview**
An interaction with the student to assess communication skills, level of motivation, and confidence. This assessment is conducted in person; however, for students residing in distant locations, it may be facilitated online via Zoom.
- **Medical Fitness Verification**
(Certified medical report by MBBS doctor is mandatory at the time of final admission. Candidates are advised to refer to the Medical Annexure for detailed guidelines, especially those aspiring for the NDA stream.)



Important Dates

Admission Step	Date
Registration Opens	15th August 2025
Registration Closes	15th September 2025
PPET 2026 Entrance Test	20 th & 21 st September
Declaration of Result & Interview	1st Week of October 2025
Issuance of Selection letter	October/ November 2025
Session Commencement	April 2026

How to Apply

- Visit the official website: www.doondenceacademy.com
- Fill the registration form under *Pratham Pag Course-04 Admission 2026–27*
- Upload necessary documents and pay the registration fee
- Offline forms can also be submitted at the Admission Office, Doon Defence Academy, Opposite Green View Apartment, Near IT Park, Sahastradhara Road, Dehradun

For Assistance/Queries

- Call: +91 8266061666, +91 7895626868, 7457876868
- Email: foundationatdda2024@gmail.com
- Visit: www.doondenceacademy.com

Issued By:

Admission Cell

Pratham Pag,

Foundation Course – 04

Sandeep Sir's Doon Defence Academy

Annexure – Medical Standards for NDA Aspirants

(As per UPSC and SSB Guidelines)



Medical Parameter	Standard Requirement
Height (Minimum)	157 cm (for Army), 162.5 cm (for Air Force), and 157 cm (for Navy)
Weight	Proportionate to height and age as per standard BMI charts
Chest Measurement	Minimum 81 cm with 5 cm expansion
Vision (Without Glasses)	6/6 in better eye and 6/9 in the worse eye (Army); other services may have stricter norms
Color Blindness	Not acceptable
Night Blindness	Not acceptable
Flat Foot / Knock Knee	Not acceptable
Speech and Hearing	Normal speech and no hearing impairment
Mental Health	No history of mental illness or psychological disorders
Past Medical History	Candidate must be free from any disease that may interfere with training
Dental Health	Sufficient number of natural and sound teeth with healthy gums
Hernia / Hydrocele	Should be operated upon and completely healed before final medical
Skin Conditions	No chronic skin disease
Spinal Conditions	Any deformity of spine (like scoliosis) is a ground for rejection
ENT (Ear, Nose, Throat)	Must be free from infections or abnormalities



Annexure 1: Syllabus for PPET – Admission to Class VI

Subject	Topics
Mathematics	- Numbers and Number Names
	- Basic Operations (Addition, Subtraction, Multiplication, Division)
	- Shapes and Patterns
	- Measurement (Length, Weight, Capacity)
	- Time and Calendar
English	- Money
	- Vocabulary and Spellings
	- Grammar (Nouns, Verbs, Adjectives, Prepositions)
	- Simple Sentences and Comprehension
Science	- Picture-Based Reading
	- Living and Non-Living Things
	- Our Body and Health
	- Plants and Animals
	- Water, Air, and Weather
General Knowledge (GK)	- Basic Concepts of Light and Sound
	- National Symbols and Festivals
	- States and Capitals
	- Famous Personalities
	- Basic Awareness of India and the World
Mental Ability	- Current Affairs (Student-appropriate)
	- Patterns and Sequences
	- Odd One Out
	- Series Completion
	- Basic Coding-Decoding



Annexure 2: Syllabus for PPET – Admission to Class VII

Subject	Topics
Mathematics	- Fractions and Decimals
	- Basic Geometry (Angles, Lines)
	- Time, Speed and Distance
	- Perimeter and Area
English	- Simple Interest
	- Reading Comprehension
	- Parts of Speech
	- Tenses
Science	- Sentence Formation
	- Synonyms and Antonyms
	- Human Body Systems
	- Food and Nutrition
General Knowledge (GK)	- Plants: Structure and Function
	- Weather, Climate, and Environment
	- Simple Physical and Chemical Changes
	- Indian Geography and History (Basic)
Mental Ability	- Important Days and Events
	- Science in Daily Life
	- Capitals, Currencies, Rivers, Mountains
	- Current Affairs
	- Number and Alphabet Series
	- Mirror and Water Images
	- Classification
	- Coding-Decoding
	- Logical Puzzles



Annexure 3: Syllabus for PPET – Admission to Class VIII

Subject	Topics
Mathematics	- Integers and Rational Numbers
	- Algebraic Expressions
	- Linear Equations
	- Mensuration (Area and Volume)
English	- Data Handling
	- Grammar Usage (Prepositions, Conjunctions, Tenses)
	- Reading Comprehension
	- Vocabulary (Synonyms/Antonyms)
Science	- Sentence Correction
	- Short Composition (Paragraph writing)
	- Force, Friction, and Pressure
	- Combustion and Fuels
General Knowledge (GK)	- Conservation of Plants and Animals
	- Cell Structure
	- Sound and Light (Basics)
	- Indian Freedom Movement (Basics)
Mental Ability	- National Parks and Sanctuaries
	- Scientific Inventions and Discoveries
	- Important Government Schemes
	- Defence Services and Ranks
	- Current Affairs
	- Analogy and Classification
	- Direction Sense
	- Blood Relations
	- Number and Picture Puzzles
	- Series and Pattern Recognition



Annexure 4: Syllabus for PPET – Admission to Class IX

Subject	Topics
Mathematics	- Algebraic Identities
	- Coordinate Geometry
	- Linear Equations in Two Variables
	- Surface Area and Volume
English	- Probability
	- Advanced Grammar: Clauses, Speech, Voice
	- Reading Comprehension
	- Vocabulary and Usage
Science	- Sentence Transformation
	- Formal Letter and Paragraph Writing
	- Laws of Motion
	- Atoms and Molecules
General Knowledge (GK)	- Natural Resources
	- Cell and Its Structure
	- Work, Energy and Sound
	- Indian Constitution and Parliament
Mental Ability	- Important Historical Events
	- Scientific Developments and ISRO
	- Sports and Awards
	- Geography (India and World)
	- Current National and International Affairs
	- Logical Reasoning
	- Coding-Decoding
	- Data Interpretation
	- Analogy and Series
	- Embedded Figures



Annexure 5: Syllabus for PPET – Admission to Class XI

Applicable Streams:

*NDA (Science)

*JEE (Mathematics)

*NEET (Biology)

*Merchant Navy (Mathematics)

Subject	Topics	Applicable Streams
Mathematics	<ul style="list-style-type: none"> - Algebra, Trigonometry - Coordinate Geometry - Calculus (Basics) - Statistics and Probability - Vectors and 3D Geometry 	NDA, JEE, Merchant Navy
	<ul style="list-style-type: none"> - Advanced Grammar and Usage - Reading Comprehension 	
English	<ul style="list-style-type: none"> - Sentence Correction - Cloze Tests and Vocabulary - Essay & Report Writing 	All Streams
	<p>For NDA/JEE/Merchant Navy:</p> <ul style="list-style-type: none"> - Motion and Laws - Work, Energy, Power - Light and Optics - Heat and Electricity 	
Science	<p>For NEET (Biology):</p> <ul style="list-style-type: none"> - Cell Biology - Human Physiology - Genetics and Evolution - Plant and Animal Kingdom - Ecology 	As per Stream
	<ul style="list-style-type: none"> - Armed Forces: Structure, Ranks, Commands - Indian Polity, Constitution and Geography 	
General Knowledge (GK)	<ul style="list-style-type: none"> - ISRO, DRDO and Space Science - Defence Exercises and Awards - Current Affairs (National & International) 	All Streams
	<ul style="list-style-type: none"> - Logical and Analytical Reasoning - Series, Coding-Decoding 	
Mental Ability	<ul style="list-style-type: none"> - Data Interpretation - Spatial Reasoning - Decision Making 	All Streams